

# Cole Cook

Instructor | Director | Actor

Los Angeles, CA

## EDUCATION

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**M.F.A. in Performance Pedagogy**, Loyola Marymount University, 2023

Major Fields: Acting Approaches, Audition Techniques, Meisner Technique, Techniques of Stella Adler, Stanislavski Technique, Directing, Acting for the Camera, Surviving as an Actor, Improvisation, Shakespeare, Queer Theatre, Theatre of the Absurd, Performance Methodologies outside the Homogeneous Norm.

**B.A. in Theatre**, Central Washington University, 2008

Major Fields: Acting Approaches, Singing for the Actor

**A.A. in General Studies**, Columbia Basin College, 2007

Major Fields: Acting Approaches, Children's Theatre, Touring Repertory Theatre

## CERTIFICATIONS

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The Meisner Technique, The Meisner Institute, Designated Meisner Teacher, 2021

Seven Pillars Acting, Certified Instructor, 2021

## AWARDS AND HONORS

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The Arrupe Graduate Award for Diversity, Equity, and Inclusion, Loyola Marymount University, 2023

World's Top New Meisner Teachers, Meisner Institute, 2023

Alpha Sigma Nu Honor Society, 2022

Live a Life of Purpose Award, Graduate Students of Loyola Marymount University, 2020/2021

Imperial Sovereign Court of Spokane, WA, Scholarship Recipient, 2012

Irene Ryan Nomination, *Ay, No!*, Columbia Basin College, 2012

Irene Ryan Nomination, *Taming of the Shrew*, Columbia Basin College, 2003

## TEACHING EXPERIENCE

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### UNIVERSITY

#### **Loyola Marymount University**

Instructor

Surviving as an Actor

Beginning Acting

Teaching Assistant:

Senior Showcase

Queer Theatre

Stanislavski Techniques

Auditions & Cold Readings

Surviving as an Artist

Acting for the Camera

Theatre of the Absurd

## **STUDIO**

### **The Actor's Studio of Orange County**

Instructor

Beginning Scene Study

## **GUEST LECTURER**

- 2022                    “The Business of Acting”  
Guest Lecturer for Scene Study students, Loyola Marymount University,  
Los Angeles, CA
- 2022                    “Active Listening & The Meisner Approach”  
Ongoing Guest Lecturer for Intro to Acting BFA Musical Theatre  
students, Cal-State Fullerton, Fullerton, CA
- 2020                    “Working as a Professional Actor”  
Guest Lecturer for Intro to Theatre Performance & Scene Study students,  
Loyola Marymount University, Los Angeles, CA

## **WORKSHOPS & MASTER CLASSES**

- 2021                    Introduction to The Meisner Technique  
One day workshop for undergraduate theatre students, April 2021.  
Continued weekly workshops for students, April-June 2021.  
Loyola Marymount University, Department of Theatre.
- 2021                    The Business of Acting  
One day workshop taught to B.A. performance students in ‘Survival as an Artist’ class.  
Loyola Marymount University, Department of Theatre.
- 2013                    Fitzmaurice Voicework™  
One day workshop to actors and artists around the Columbia Basin.  
Columbia Basin College, Pasco, WA.
- 2013                    Fitzmaurice Voicework™  
One day workshop for High School students during the annual High School play festival  
for cities around the Columbia Basin.  
Columbia Basin College, Pasco, WA.
- 2009                    Improvisation  
Two-day workshop for youth theatre group in Seattle.  
ArtsWest, Seattle, WA.

## **VOCAL DIRECTION**

2022    *Julius Caesar*

Dialect Coach

Shakespeare on the Bluff

## **RESEARCH & CREATIVE WORK**

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## **CONFERENCE PRESENTATIONS**

## PAPERS PRESENTED

2021 *“Black Acting Methods, A Universal Approach”* Comparative Drama Conference, Oct 14-16. (Virtual)

## PANELS PRESENTED

2023, Accepted for Presentation, “The Positionality of the Acting Teacher: Towards a Self-Assessment Framework for Cultural Competency.” Association for Theatre in Higher Education Conference, Austin, TX, Aug 3-6, 2023.

2023, Accepted for Presentation, “Accountability Meets Process - Inspiring Curiosity in the Acting Studio.” Association for Theatre in Higher Education Conference, Austin, TX, Aug 3-6, 2023.

2021 “Maintaining the Value of a Theatre Degree During a Crisis.” Association for Theatre in Higher Education Conference, Aug 5-8. (Virtual)

## WORKSHOPS

2023 “Physical Listening w/ Seven Pillars Acting.” KCACTF Region 7, Spokane, WA, Feb. 20-23.

2023 “The Meisner Technique.” KCACTF Region 7, Spokane, WA, Feb. 20-23.

2023 “Surviving as an Actor.” KCACTF Region 7, Spokane, WA, Feb. 20-23.

2023 “Irene Ryan’s Semi Final Coaching Workshop.” KCACTF Region 7, Spokane, WA, Feb. 20-23.

2023 “The Meisner Approach.” KCACTF Region 8, Las Vegas, NV, Feb. 15.

2014 “Intro to Fitzmaurice Voicework™.” KCACTF Region 7, Boise, ID, Feb. 17-21.

## PROFESSIONAL DEVELOPMENT

September 2022	“Black Acting Methods Studio Los Angeles Intensive” eight-hour workshop with Black Acting Methods Studio teachers Kashi Johnson, Dr. Sharrell D. Luckett, & Rahbi Hines
August 2022	“Teacher Training Intensive into the Principles & Technique of Stella Adler” Stella Adler Studio of Acting
August 2022	“Acting Methods for the 21 <sup>st</sup> Century” Digital Course through Black Acting Methods University
May 2022	“Anti-Racism & Black Acting Methods, Approaches to Liberatory Theatre Practices” Webinar through Black Acting Methods
April 2022	“Consent in the Acting Classroom” three hours of training with Theatrical Intimacy Education
October 2021	“Best Practices” six hours of training with Theatrical Intimacy Education
August 2021	“Acting While Black: Essential Tools to Thrive.” Digital Course through Black Acting Methods University
June 2021	“The Pacific Performance Project/East (P3/East), Physical Approaches to Performance.” The First Chapter workshop training of Tadashi Suzuki, Shogo Ohta, Hunt & Pearson explorations with Robyn Hunt, Steve Pearson, and Michael Place
April 2021	“Going Pro Career Fair 2021: Resilience and Change” virtual event through Center Theatre Group. Asked to share my thoughts in the main forum on the topic, “What steps do college and university theatre programs need to take to become actively anti-racist?”
March 2021	“Inclusivity & Theatre: Strategies for Teaching and Practice” Digital + Theatre Webinar

March 2021	“Weekly Self-Tape Workout” through The Village Acting Studio with Jami Rudofsky, CSA & Christy Faison, CSA
February 2021	“Diversifying Approaches to Acting with Black Acting Methods Studios with Dr. Sharell D. Luckett. Webinar through KCACTF Region 8 “Season Selection with an Anti-Racist Approach” Webinar through ASTR
October 2020	“Preserving Your Mental Health in the Academy” Webinar through ASTR
October 2020	“Virtual Intimacy On-line” Webinar through IDC
October 2020	“Acting and Directing McCraney” Webinar through Black Acting Methods
October 2020	“Teaching Tarell Alvin McCraney” Webinar through Black Acting Methods
March 2020	“Reels” at SAG-AFTRA Foundation with Scott Krinski
March 2020	“Resumes” at SAG-AFTRA Foundation with Scott Krinski
March 2020	“Budgeting as an Actor” at SAG-AFTRA Foundation with Scott Krinski
March 2020	“Money Management” at SAG-AFTRA Foundation with Scott Krinski
April 2019	“Actor Career Focus” at SAG-AFTRA Foundation with Dennis Baker
April 2019	“Auditioning for Casting” at ACE Studios with Morgan Redfield Smith, CSA
January 2019	“Headshots” at SAG-AFTRA Foundation with Dennis Baker
November 2018	“Branding Networking” at SAG-AFTRA Conservatory with Kevin E. West
November 2018	“Branding” at SAG-AFTRA Foundation with Dennis Baker
November 2018	“Auditioning for Casting” with Jamie Castro, CSA at ACE Studios
June 2018-August 2018	“Audition Workout for the Camera” with Jami Rudofsky, CSA at BGB Studios
May 2018	“Representation” with Dennis Baker at SAG-AFTRA Foundation
February 2018	“Co-Star Auditions” with Kendra Castleberry, CSA at SAG-AFTRA Foundation
January 2018-March 2018	“On Camera Audition” with Robert D’Avanzo
January 2017-March 2017	“Improvisation” with Drew Talbert at the Groundlings School
January 2013	“Candidate for Associate Teacher of Fitzmaurice Voicework™” Teacher Certification, Part 1

## SERVICE

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### DEPARTMENT

2021-2023 Loyola Marymount University, Theatre Department, Equity, Diversity, Inclusion, & Accessibility

### COLLEGE

2020-2021 Loyola Marymount University, Graduate Student, Senator of Communication & Fine Arts

### UNIVERSITY

2021-2022 Loyola Marymount University, University Committee – Student Conduct Board  
 2021-2022 Loyola Marymount University, University Committee – Academic Honesty Review  
 2020-2021 Loyola Marymount University, Graduate Student, Student Affairs Committee

### PROFESSION

2022- Actors’ Equity Association, Membership Education & Engagement Action Team  
 2022- Actors’ Equity Association, LGBTQ+ Community  
 2022 ASTR Mentoring Committee Member, GSC Representative  
 2021-2022 American Society for Theatre Research

2021-2022 Graduate Student Caucus President  
 Association for Theatre in Higher Education  
 New Member Liaison, Acting Focus Group  
 2020-2021 American Society for Theatre Research  
 Vice President and Rep to the Annual Conference Committee, Graduate Student Caucus

## SERVICE TO THE ACADEMY

February 2023 Kennedy Center American College Theatre Festival, Region 7, Semi-Finalist Judge  
 January 2023 Kennedy Center American College Theatre Festival, Region 8, Preliminary Judge

## ACTING

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### STAGE

2022	<i>Julius Caesar</i>	Soothsayer	Shakespeare on the Bluff
2016	<i>Waiting for Godot</i>	Estragon	LAPC Theatre
2015	<i>Love the Ones You're With</i>	Paul	Whitefire Theatre
2014	<i>A Christmas Carol</i>	Fred	Young Stars Theatre
2013	<i>The Mystery of Irma Vep</i>	Nicodemus/Lady Enid	Idaho Repertory Theatre
2013	<i>The Merry Wives of Windsor</i>	Nym	Idaho Repertory Theatre
2012	<i>A Tuna Christmas</i>	Multiple Roles	CBC Summer Showcase
2012	<i>Aye, No!</i>	Zereda	CBC Theatre
2010	<i>Rent</i>	Angel	CBC Summer Showcase
2009	<i>Emma</i>	Mr. Martin/Dixon	Book-It Repertory Theatre
2009	<i>A Confederacy of Dunces</i>	George	Book-It Repertory Theatre
2009	<i>Taming of the Shrew</i>	Biondello	Balagan Theatre
2009	<i>The History Boys</i>	Rudge	ArtsWest
2008	<i>The History Boys</i>	Timms	Artists Repertory Theatre
2007	<i>Hard Times</i>	Thomas Gradgrind	Central Theatre Ensemble
2006	<i>Jekyll &amp; Hyde</i>	Lord Savage	CBC Summer Showcase
2004	<i>The Unseen Hand</i>	The Kid	CBC Theatre
2003	<i>Sweeney Todd</i>	Tobias Ragg	CBC Summer Showcase

### TELEVISION

2022	<i>Winning Time</i>	Co-Star	HBO
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### FILM

2019	<i>Murder of Crows</i>	Lead	American Film Institute
2018	<i>Beta Vulgaris</i>	Lead	American Film Institute
2018	<i>Who Fed the Snake?</i>	Supporting	American Film Institute
2016	<i>Connect</i>	Supporting	University of Southern California
2015	<i>Performance Anxiety</i>	Supporting	University of Southern California

### COMMERCIAL

2017	<i>Geico</i>	Lead	Park Pictures
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## **SPECIAL APPEARANCES**

2022	<i>Barbecue</i>	Guest Artist (Digital) & Voiceover Role	Loyola Marymount University
2018	<i>Gutenberg! The Musical!</i>	Guest Performer	ArtsWest

## **DIRECTING: STAGE**

2022	<i>Julius Caesar</i>	Assistant Director	Shakespeare on the Bluff
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## **AFFILIATIONS**

Actors' Equity Association (AEA)  
Screen Actors Guild-American Federation of Television and Radio Artists (SAG-AFTRA)  
National Alliance of Acting Teachers (NAAT)  
Association for Theatre in Higher Education (ATHE)  
American Society for Theatre Research (ASTR)  
Kennedy Center American College Theatre Festival (KCACTF)  
Southeastern Theatre Conference (SETC)  
Performance Studies International (PSi)  
Alpha Sigma Nu

References Available Upon Request

Updated April 29, 2023